Elmhurst®
Est. 1925
SIMPLER. BETTER.®

PLANT-BASED
BEVERAGE GUIDE


Elmhurst
OATS
BARISTA EDITION
5 INGREDIENTS
Elmhurst
HEMP
BARISTA EDITION
6 INGREDIENTS
Elmhurst
MILKED OATS
UNSWEETENED
20g WHOLE GRAIN
Elmhurst
MILKED WALNUTS
UNSWEETENED
OMEGA 3
Elmhurst
MILKED HAZELNUTS
UNSWEETENED
2X MORE NUTS
Elmhurst
MILKED CASHEWS
UNSWEETENED
2X MORE NUTS
Elmhurst
MILKED ALMONDS
UNSWEETENED
4X MORE NUTS
Elmhurst
MILKED OATS
Elmhurst
MILKED OATS
Elmhurst
HEMP
CREAMER
Elmhurst
HEMP
CREAMER
Elmhurst
HEMP
CREAMER
Elmhurst
HEMP
CREAMER

THE DAIRY THAT GAVE UP DAIRY

Elmhurst® 1925 was once a renowned New York City dairy – in fact, the only dairy in the entire metropolis. Then, in 2016, it closed.

The next year, on the opposite side of New York State, a new company appeared selling plant milks. It was also called Elmhurst. This had to be coincidence. A dairy would never switch to making non-dairy milk… would it?

It did.

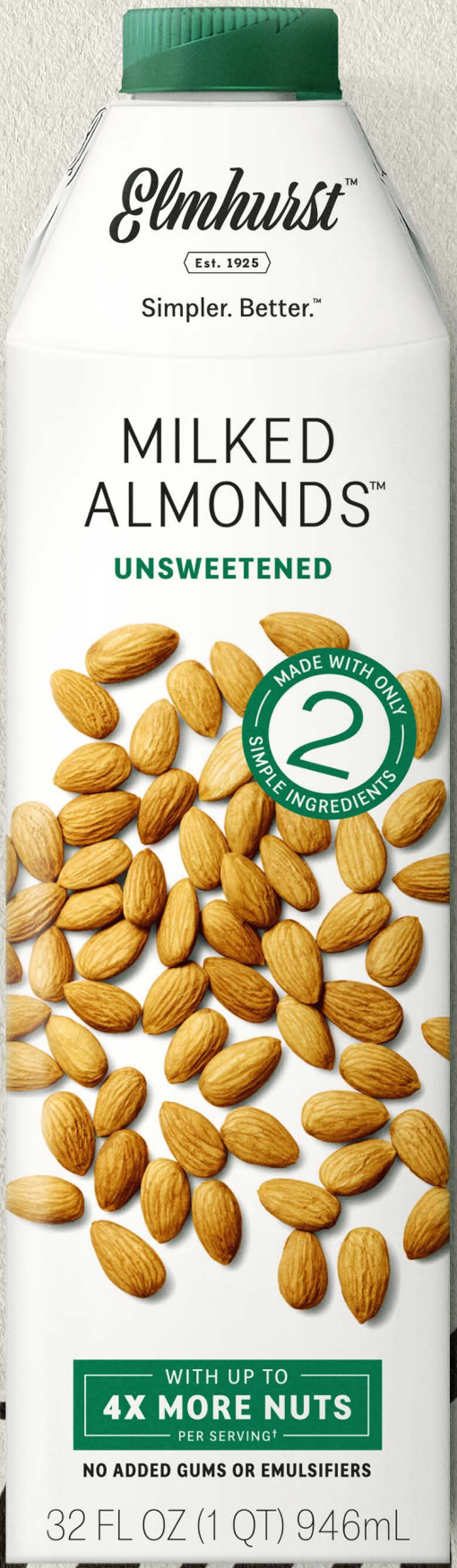
When Henry Schwartz, keeper of Elmhurst's 90-year old dairy tradition, converted to plant-based nutrition, it wasn't about economics. It was for a simpler, better – and ultimately more sustainable – way of living. His partnership with famous food scientist, Dr. Cheryl Mitchell, allowed Elmhurst to harness the nutrition of nuts, grains, and seeds like no one else.

Elmhurst 1925 is uniquely simpler, better.

BORN IN NEW YORK, NY

MADE IN BUFFALO, NY

INGREDIENTS:
ALMONDS, WATER



Elmhurst

UNSWEETENED LINE

ONLY 2 INGREDIENTS (AND ONE IS WATER) × UP TO 4X MORE NUTS PER SERVING VS. OTHER LEADING NUT MILK BRANDS

Nutrition Facts
4 servings per container
Serving size 8 fl oz (240mL)

Amount per serving	
Calories	**130**
	% Daily Value*
Total Fat 11g	14%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 5mg	0%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 7mg	0%
Iron 1mg	6%
Potassium 160mg	4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

UNSWEETENED ALMOND MILK

INGREDIENTS:
Filtered Water, Almonds.

CARTON
0 18944 00102 1

CASE
10018944001028

18 ALMONDS / GLASS
5G PROTEIN
2 INGREDIENTS

4 ALMONDS / GLASS
<1G PROTEIN
11+ INGREDIENTS

SEE BACK FOR HOW WE COMPARE >

Nutrition Facts
4 servings per container
Serving size 8 fl oz (240mL)

Amount per serving	
Calories	**80**
	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 120mg	5%
Total Carbohydrate 14g	5%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 18mg	2%
Iron 1mg	6%
Potassium 94mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

UNSWEETENED OAT MILK

INGREDIENTS:
Filtered Water, Whole Grain Oats, Salt.

CARTON
0 18944 00050 5

CASE
10018944000502

Nutrition Facts
4 servings per container
Serving size 8 fl oz (240mL)

Amount per serving	
Calories	**130**
	% Daily Value*
Total Fat 10g	13%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carbohydrate 7g	3%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 15mg	2%
Iron 1mg	6%
Potassium 145mg	4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

UNSWEETENED CASHEW MILK

INGREDIENTS:
Filtered Water, Cashews.

CARTON
0 18944 00106 9

CASE
10018944001066

Nutrition Facts
4 servings per container
Serving size 8 fl oz (240mL)

Amount per serving	
Calories	**120**
	% Daily Value*
Total Fat 11g	14%
Saturated Fat 1g	5%
Trans Fat 0g	
Polyunsaturated Fat 4g	
Monounsaturated Fat 6g	
Cholesterol 0mg	0%
Sodium 5mg	0%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 24mg	2%
Iron 0mg	0%
Potassium 77mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

UNSWEETENED WALNUT MILK

INGREDIENTS:
Filtered Water, Walnuts.

CARTON
0 18944 00103 8

CASE
10018944001035

Nutrition Facts
4 servings per container
Serving size 8 fl oz (240mL)

Amount per serving	
Calories	**90**
	% Daily Value*
Total Fat 9g	12%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 5mg	0%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 24mg	2%
Iron 1mg	6%
Potassium 105mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

UNSWEETENED HAZELNUT MILK

INGREDIENTS:
Filtered Water, Hazelnuts.

CARTON
0 18944 00104 5

CASE
10018944001042

FLAVORED PLANT MILKS

6 OR LESS SIMPLE INGREDIENTS × NO ADDED GUMS / OILS / PRESERVATIVES / FILLERS × MADE FROM REAL, RAW INGREDIENTS

NEW

Nutrition Facts
4 servings per container
Serving size 8 fl oz (240mL)

Amount per serving
Calories 110

	% Daily Value*
Total Fat 2g	**3%**
Saturated Fat 0.5g	**3%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 125mg	**5%**
Total Carbohydrate 19g	**7%**
Dietary Fiber 3g	**11%**
Total Sugars 4g	
Includes 4g Added Sugars	**8%**
Protein 3g	
Vitamin D 0mcg	0%
Calcium 19mg	2%
Iron 1mg	6%
Potassium 229mg	4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

CHOCOLATE OAT MILK

INGREDIENTS:
Filtered Water, Whole Grain Oats, Cane Sugar, Cocoa (Dutch Processed), Natural Flavors, Salt.

CARTON
0 18944 00073 4

CASE
10018944000731

NEW

Nutrition Facts
4 servings per container
Serving size 8 fl oz (240mL)

Amount per serving
Calories 100

	% Daily Value*
Total Fat 4.5g	**6%**
Saturated Fat 0.5g	**3%**
Trans Fat 0g	
Polyunsaturated Fat 3g	
Monounsaturated Fat 1g	
Cholesterol 0mg	**0%**
Sodium 55mg	**2%**
Total Carbohydrate 13g	**5%**
Dietary Fiber 2g	**7%**
Total Sugars 3g	
Includes 2g Added Sugars	**4%**
Protein 2g	
Vitamin D 0mcg	0%
Calcium 19mg	2%
Iron 1mg	6%
Potassium 122mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

VANILLA HEMP MILK

INGREDIENTS:
Hemp Cream (Filtered Water, Hemp Seeds), Whole Grain Oats, Cane Sugar, Salt, Natural Flavors.

CARTON
0 18944 00072 7

CASE
10018944000724

ORIGINAL PLANT MILKS

5 SIMPLE INGREDIENTS × NO ADDED GUMS / OILS / PRESERVATIVES / FILLERS × MADE FROM REAL, RAW INGREDIENTS

Nutrition Facts
4 servings per container
Serving size 8 fl oz (240mL)

Amount per serving
Calories 130

	% Daily Value*
Total Fat 10g	**13%**
Saturated Fat 1.5g	**8%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 85mg	**4%**
Total Carbohydrate 8g	**3%**
Dietary Fiber 0g	**0%**
Total Sugars 2g	
Includes 1g Added Sugars	**2%**
Protein 4g	
Vitamin D 0mcg	0%
Calcium 15mg	2%
Iron 1mg	6%
Potassium 150mg	4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

ORIGINAL CASHEW MILK

INGREDIENTS:
Filtered Water, Cashews, Cane Sugar, Salt, Natural Flavors.

CARTON
0 18944 00006 2

CASE
10018944000069

Nutrition Facts
4 servings per container
Serving size 8 fl oz (240mL)

Amount per serving
Calories 100

	% Daily Value*
Total Fat 1.5g	**2%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 120mg	**5%**
Total Carbohydrate 18g	**7%**
Dietary Fiber 2g	**7%**
Total Sugars 5g	
Includes 4g Added Sugars	**8%**
Protein 4g	
Vitamin D 0mcg	0%
Calcium 18mg	2%
Iron 1mg	6%
Potassium 95mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

ORIGINAL OAT MILK

INGREDIENTS:
Filtered Water, Whole Grain Oats, Cane Sugar, Salt, Natural Flavors.

CARTON
0 18944 00005 5

CASE
30018944000056

COMPARE UNSWEETENED ALMOND MILK

	ELMHURST® UNSWEETENED ALMOND MILK	CALIFIA® UNSWEETENED ALMOND MILK	SILK® UNSWEETENED ALMOND MILK	ALMOND BREEZE® UNSWEETENED ALMOND MILK	PACIFIC® UNSWEETENED ALMOND MILK
# INGREDIENTS	2	9	12	11	9
# ALMONDS*	19	4	<4	4	4
PROTEIN*	5g	1g	<1g	1g	1g
ADDED SUGAR*	0g	0g	0g	0g	0g
SODIUM*	5mg	160mg	130mg	170mg	180mg
GUMS	NONE	Locust Bean, Gellan & Lecithin	Locust Bean, Gellan & Lecithin	Lecithin & Gellan Gum	Lecithin & Gellan Gum

*Per 8 fl oz serving

5G PROTEIN PER SERVING

ONLY 2 INGREDIENTS

SHELF-STABLE

NON-GMO

COMPARE ORIGINAL OAT MILK

	ELMHURST® ORIGINAL OAT MILK	OATLY® ORIGINAL OAT MILK	CALIFIA® UNSWEETENED OAT MILK	SILK® ORIGINAL OAT MILK	PLANET OAT® ORIGINAL OAT MILK
# INGREDIENTS	5	12	7	15	10
TOTAL FAT*	1.5g	5g	7g	3g	1.5g
SATURATED FAT*	0g	0.5g	1g	0g	0g
PROTEIN*	4g	3g	2g	2g	2g
FIBER*	2g	2g	1g	1g	2g
WHOLE GRAIN STAMP	✓				
GUMS	NONE	NONE	NONE	Locust Bean & Gellan Gum	Gellan Gum
ADDED OILS	NONE	Rapeseed Oil	Sunflower Oil	Sunflower Oil	NONE

*Per 8 fl oz serving

NO ADDED GUMS/OILS

ONLY 5 INGREDIENTS

SHELF-STABLE

NON-GMO

COMPARE CHOCOLATE OAT MILK

	ELMHURST® CHOCOLATE OAT MILK	OATLY® CHOCOLATE OAT MILK	SILK® CHOCOLATE OAT MILK	PLANET OAT® CHOCOLATE OAT MILK	HAPPY PLANET® CHOCOLATE OAT MILK
# INGREDIENTS	6	14	17	13	14
TOTAL FAT*	2g	3.5g	3g	2g	3g
CALORIES*	110	150	120	140	140
SUGAR*	4g	16g	13g	12g	13g
CARBS*	19g	24g	22g	31g	25g
FIBER*	3g	3g	2g	3g	2g
WHOLE GRAIN STAMP	✓				
GUMS	NONE	NONE	Locust Bean, Gellan & Lecithin	Gellan Gum	Gellan Gum
ADDED OILS	NONE	Rapeseed Oil	Sunflower Oil	NONE	Sunflower Oil

*Per 8 fl oz serving

2/3 LESS SUGAR

ONLY 6 INGREDIENTS

LOWEST CALORIES

NON-GMO

Est. 1925

THE CLEANEST OAT CREAMER. PERIOD.

OAT CREAMERS

1G SUGAR OR LESS† × 15 CALORIES OR LESS† × HALF THE FAT OF OTHER OAT CREAMERS† × NO ADDED GUMS OR OILS

UNSWEETENED OAT CREAMER
Oatmilk (Water, Whole Grain Oats), Hemp Cream (Water, Hemp Seeds), Contains 2% or Less of: Mineral Blend (Dipotassium Phosphate, Potassium Citrate), Natural Flavors.

CARTON 0 18944 00080 2 CASE 10018944000809

VANILLA OAT CREAMER
Oatmilk (Water, Whole Grain Oats), Hemp Cream (Water, Hemp Seeds), Cane Sugar, Contains 2% or Less of: Natural Flavors, Mineral Blend (Dipotassium Phosphate, Potassium Citrate).

CARTON 0 18944 00082 6 CASE 10018944000823

HAZELNUT OAT CREAMER
Oatmilk (Water, Whole Grain Oats), Hemp Cream (Water, Hemp Seeds), Cane Sugar, Contains 2% or Less of: Natural Flavors, Mineral Blend (Dipotassium Phosphate, Potassium Citrate).

CARTON 0 18944 00081 9 CASE 10018944000816

CHAI SPICE OAT CREAMER
Oatmilk (Water, Whole Grain Oats), Hemp Cream (Water, Hemp Seeds), Cane Sugar, Contains 2% or Less of: Natural Flavors, Mineral Blend (Dipotassium Phosphate, Potassium Citrate).

CARTON 0 18944 00090 1 CASE 10018944000908

SEASONAL OAT CREAMERS

LAVENDER VANILLA OAT CREAMER
Oatmilk (Water, Whole Grain Oats), Hemp Cream (Water, Hemp Seeds), Cane Sugar, Contains 2% or Less of: Natural Flavors, Mineral Blend (Dipotassium Phosphate, Potassium Citrate).

CARTON 0 18944 00093 2 CASE 10018944000939

GINGERBREAD OAT CREAMER
Oatmilk (Water, Whole Grain Oats), Hemp Cream (Water, Hemp Seeds), Cane Sugar, Contains 2% or Less of: Natural Flavors, Mineral Blend (Dipotassium Phosphate, Potassium Citrate).

CARTON 0 18944 00092 5 CASE 10018944000922

APPLE PIE OAT CREAMER
Oatmilk (Water, Whole Grain Oats), Hemp Cream (Water, Hemp Seeds), Cane Sugar, Contains 2% or Less of: Natural Flavors, Mineral Blend (Dipotassium Phosphate, Potassium Citrate).

CARTON 0 18944 00091 8 CASE 10018944000915

COMPARE UNSWEETENED OAT CREAMER

	ELMHURST® UNSWEETENED OAT CREAMER	SO DELICIOUS® UNSWEETENED OAT CREAMER	NUTPODS® UNSWEETENED OAT CREAMER
# INGREDIENTS	5	9	10
BASE	Whole Grain Oats & Hemp Cream	Oat Flour + Sunflower Oil	Oat Flour + Sunflower Oil
ADDED GUMS	NONE	Gellan	Lecithin, Guar, Gellan
CALORIES†	10	20	10
TOTAL FAT†	0.5g	1.5g	1g
SUGAR†	0g	0g	0g
CARBS†	0g	0g	0g

COMPARE VANILLA OAT CREAMER

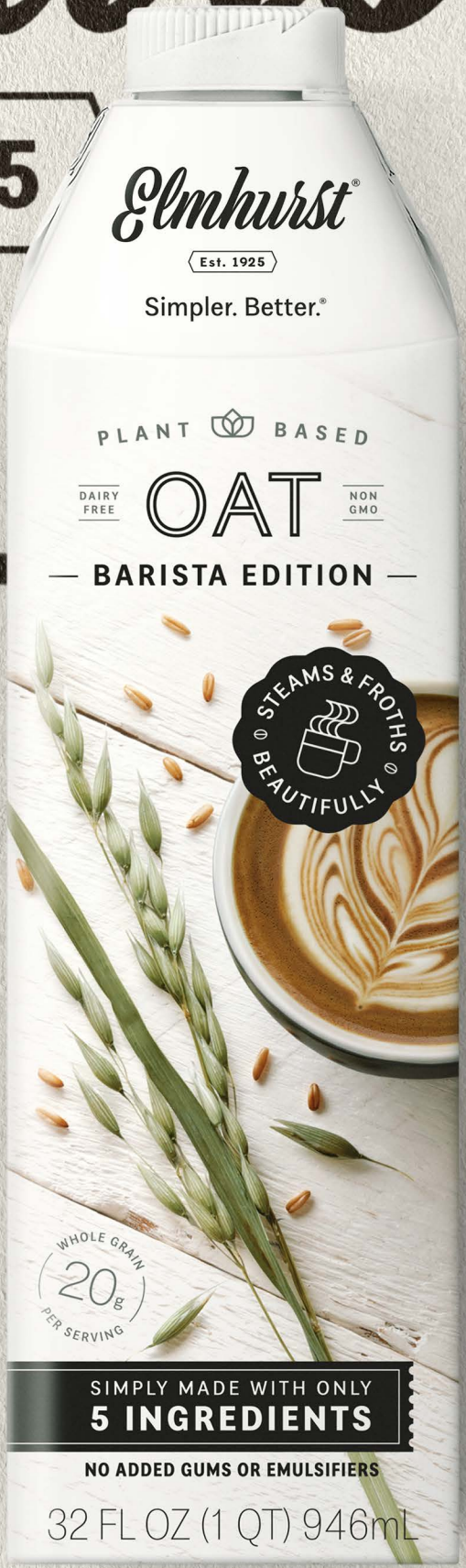
	ELMHURST® VANILLA OAT CREAMER	CALIFIA® VANILLA OAT CREAMER	SILK® OAT YEAH VANILLA OAT CREAMER	NATURAL BLISS® VANILLA OAT CREAMER
# INGREDIENTS	6	11	9	8
BASE	Whole Grain Oats & Hemp Cream	Whole Grain Oats + Sunflower Oil	Oat Flour + Sunflower Oil	Oat Flour + Coconut Oil
ADDED GUMS	NONE	Lecithin, Locust Bean, Gellan	Gellan	Gellan
CALORIES†	15	15	25	25
TOTAL FAT†	0.5g	1g	1g	1g
SUGAR†	1g	1g	4g	4g
CARBS†	0g	0g	0g	

†PER 1 TBSP SERVING

Elmhurst

Est. 1925

ADD OATS. NOT OILS.



BEST PLANT-BASED ALT FOR WHOLE MILK

PERFORMS IN ALL ROASTS × FOAMS FLAWLESSLY × BLENDS IN HOT & ICED COFFEE × PERFECT CONTRAST FOR LATTE ART

Nutrition Facts
4 servings per container
Serving size 8 fl oz (240mL)

Amount per serving	
Calories	**90**
	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 105mg	5%
Total Carbohydrate 17g	6%
Dietary Fiber 2g	7%
Total Sugars 4g	
Includes 3g Added Sugars	6%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 18mg	2%
Iron 1mg	6%
Potassium 489mg	10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

OAT BARISTA EDITION: Filtered Water, Whole Grain Oats, Contains 2% of Less of: Cane Sugar, Dipotassium Phosphate, Salt.

CARTON 0 18944 00205 9

CASE 10018944002056

Nutrition Facts
4 servings per container
Serving size 8 fl oz (240mL)

Amount per serving	
Calories	**90**
	% Daily Value*
Total Fat 4.5g	6%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 85mg	4%
Total Carbohydrate 10g	4%
Dietary Fiber 0g	0%
Total Sugars 5g	
Includes 3g Added Sugars	6%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 11mg	0%
Iron 0mg	0%
Potassium 584mg	10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

ALMOND BARISTA EDITION: Filtered Water, Almonds, Rice, Contains 2% of Less of: Cane Sugar, Dipotassium Phosphate, Salt.

CARTON 0 18944 00202 8

CASE 10018944002025

Nutrition Facts
4 servings per container
Serving size 8 fl oz (240mL)

Amount per serving	
Calories	**130**
	% Daily Value*
Total Fat 6g	8%
Saturated Fat 1g	5%
Trans Fat 0g	
Polyunsaturated Fat 4g	
Monounsaturated Fat 1g	
Cholesterol 0mg	0%
Sodium 60mg	3%
Total Carbohydrate 14g	5%
Dietary Fiber 2g	7%
Total Sugars 4g	
Includes 3g Added Sugars	6%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 1mg	6%
Potassium 976mg	20%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

HEMP BARISTA EDITION: Hemp Cream (Filtered Water, Hemp Seeds), Whole Grain Oats, Contains 2% of Less of: Cane Sugar, Minerals (Salt, Dipotassium Phosphate).

CARTON 0 18944 00051 2

CASE 10018944000519

Nutrition Facts
4 servings per container
Serving size 8 fl oz (240mL)

Amount per serving	
Calories	**130**
	% Daily Value*
Total Fat 10g	13%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 85mg	4%
Total Carbohydrate 8g	3%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 1g Added Sugars	2%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 15mg	2%
Iron 1mg	6%
Potassium 150mg	4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

MILKED CASHEWS™ BARISTA APPROVED: Filtered Water, Cashews, Cane Sugar, Salt, Natural Flavors.

CARTON 0 18944 00006 2

CASE 10018944000069

COMPARE OAT BARISTA

	ELMHURST® OAT BARISTA	OATLY® OAT BARISTA	CALIFIA® OAT BARISTA	PACIFIC® OAT BARISTA
# INGREDIENTS	5	11	7	7
ADDED OILS	NONE	Rapeseed Oil	Sunflower Oil	Canola Oil
CALORIES*	90	140	130	180
TOTAL FAT*	1g	7g	7g	8g
CARBS*	17g	16g	14g	23g
FIBER*	2g	2g	0g	1g
WHOLE GRAIN STAMP	✓			

*Per 8 fl oz

COMPARE ALMOND BARISTA

	ELMHURST® ALMOND BARISTA	CALIFIA® ALMOND BARISTA	PACIFIC® ALMOND BARISTA	ALMOND BREEZE® BARISTA
# INGREDIENTS	6	10	9	9
ADDED GUMS	NONE	Lecithin, Locust Bean & Gellan Gum	Lecithin & Guar Gum	Lecithin, Guar & Gellan Gum
# ALMONDS**	12	8	4	4
PROTEIN*	3g	2g	1g	1g
SUGAR*	5g	5g	8g	0g
SODIUM*	85mg	180mg	150mg	100mg

*Per 8 fl oz | **Approximate number of almonds per serving

LESS SUGAR. ZERO DAIRY.

Elmhurst

Est. 1925

HELPS TO KEEP YOU FULL × PROMOTES SUSTAINABLE ENERGY LEVELS × MAY REDUCE THE RISK OF HEART DISEASE

GRAPHICS SUBJECT TO CHANGE

Nutrition Facts
Serving size 1 Bottle (355mL)
Amount Per Serving
Calories 140

	% Daily Value*
Total Fat 2.5g	3%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Total Carb. 26g	9%
Dietary Fiber 3g	11%
Total Sugars 7g	
Incl. 5g Added Sugars	10%
Protein 4g	
Vitamin D 0mcg 0% • Calcium 28mg 2%	
Iron 1mg 6% • Potassium 134mg 2%	

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

ORIGINAL OAT MILK

INGREDIENTS:
Filtered Water, Whole Grain Oats, Cane Sugar, Salt, Natural Flavors.

CARTON
0 18944 00096 3

CASE - 12 CARTONS
10018944000960

GRAPHICS SUBJECT TO CHANGE

Nutrition Facts
Serving size 1 Bottle (355mL)
Amount Per Serving
Calories 170

	% Daily Value*
Total Fat 3g	4%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Total Carb. 29g	11%
Dietary Fiber 5g	18%
Total Sugars 7g	
Incl. 6g Added Sugars	12%
Protein 5g	
Vitamin D 0mcg 0% • Calcium 29mg 2%	
Iron 1mg 6% • Potassium 342mg 8%	

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

CHOCOLATE OAT MILK

INGREDIENTS:
Filtered Water, Whole Grain Oats, Cane Sugar, Cocoa (Dutch Processed), Natural Flavors, Salt.

CARTON
0 18944 00097 0

CASE - 12 CARTONS
10018944000977

GRAPHICS SUBJECT TO CHANGE

Nutrition Facts
Serving size 1 Bottle (355mL)
Amount Per Serving
Calories 160

	% Daily Value*
Total Fat 2.5g	3%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 125mg	5%
Total Carb. 28g	10%
Dietary Fiber 3g	11%
Total Sugars 7g	
Incl. 6g Added Sugars	12%
Protein 4g	
Vitamin D 0mcg 0% • Calcium 29mg 2%	
Iron 1mg 6% • Potassium 135mg 2%	

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

VANILLA OAT MILK

INGREDIENTS:
Filtered Water, Whole Grain Oats, Cane Sugar, Natural Flavors, Salt.

CARTON
0 18944 00098 7

CASE - 12 CARTONS
10018944000984

GRAPHICS SUBJECT TO CHANGE

Nutrition Facts
Serving size 1 Bottle (355mL)
Amount Per Serving
Calories 150

	% Daily Value*
Total Fat 2.5g	3%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Total Carb. 27g	10%
Dietary Fiber 3g	11%
Total Sugars 6g	
Incl. 5g Added Sugars	10%
Protein 4g	
Vitamin D 0mcg 0% • Calcium 29mg 2%	
Iron 1mg 6% • Potassium 138mg 2%	

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

BLUEBERRY OAT MILK

INGREDIENTS:
Filtered Water, Whole Grain Oats, Cane Sugar, Natural Flavors, Salt.

CARTON
0 18944 00099 4

CASE - 12 CARTONS
10018944000991

COMPARE GRAB 'N GO CHOCOLATE OAT MILK

75% LESS SUGAR THAN CHOCOLATE MILK

	ELMHURST® CHOCOLATE OATMILK	OATLY® JUNIOR (INT'L ONLY) CHOCOLATE	HAPPY PLANET CHOCOLATE OATMILK	RIPPLE® CHOCOLATE PEA MILK	HORIZON® CHOCOLATE MILK (DAIRY)	YOOHOO® CHOCOLATE MILK (DAIRY)
# INGREDIENTS	6	12	14	16	9	22
SUGAR*	7g	26.6g	19.5g	25.5g	33g	35g
ADDED SUGAR*	6g	12.5g	Unlisted	12g	15g	Unlisted
TOTAL FAT*	3g	5.3g	4.5g	6.8g	3.8g	1.5g
CALORIES*	170	213	210	225	225	180
FIBER*	5g	3.9g	3g	1.5g	0g	Unlisted
WHOLE GRAIN STAMP	✓					
GUMS	NONE	NONE	Gellan Gum	Lecithin, Guar, Gellan Gum	Gellan Gum	Lecithin, Guar, Xantham Gum
ADDED OILS	NONE	Rapeseed Oil	Sunflower Oil	Sunflower Oil	NONE	Palm Oil

*ALL NUTRITION COMPARISONS BASED ON 12 FL OZ SERVING SIZE.

LESS SUGAR. MORE PROTEIN

Elmhurst

GRAB 'N GO OAT LATTES

LOWEST SUGAR × EXCELLENT SOURCE OF OMEGA-3† × 30G WHOLE GRAIN TO HELP SUSTAIN ENERGY LEVELS

GRAPHICS SUBJECT TO CHANGE

Nutrition Facts
Serving size 1 Bottle (355mL)
Amount Per Serving
Calories 200

	% Daily Value*
Total Fat 6g	8%
Saturated Fat 1g	5%
Trans Fat 0g	
Polyunsaturated Fat 3.5g	
Monounsaturated Fat 1.5g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carb. 30g	11%
Dietary Fiber 3g	11%
Total Sugars 7g	
Incl. 5g Added Sugars	10%
Protein 5g	
Vitamin D 0mcg 0% • Calcium 41mg 4%	
Iron 2mg 10% • Potassium 375mg 8%	

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

FLASH BREW OAT LATTE

INGREDIENTS:
Flash-Brew Coffee (Water, Arabica Coffee), Oatmilk (Water, Oats), Hemp Cream (Water, Hemp Seeds), Cane Sugar, Natural Flavors.

CARTON
0 18944 00100 7

CASE - 12 CARTONS
10018944001004

GRAPHICS SUBJECT TO CHANGE

Nutrition Facts
Serving size 1 Bottle (355mL)
Amount Per Serving
Calories 180

	% Daily Value*
Total Fat 6g	8%
Saturated Fat 1g	5%
Trans Fat 0g	
Polyunsaturated Fat 3.5g	
Monounsaturated Fat 1.5g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carb. 27g	10%
Dietary Fiber 3g	11%
Total Sugars 7g	
Incl. 6g Added Sugars	12%
Protein 4g	
Vitamin D 1mcg 6% • Calcium 35mg 2%	
Iron 2mg 10% • Potassium 200mg 4%	

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

MATCHA OAT LATTE

INGREDIENTS:
Oatmilk (Water, Oats), Hemp Cream (Water, Hemp Seeds), Matcha Tea (Water, Matcha), Cane Sugar, Natural Flavors, Caffeine (from Tea).

CARTON
0 18944 00108 3

CASE - 12 CARTONS
10018944001080

GRAPHICS SUBJECT TO CHANGE

Nutrition Facts
Serving size 1 Bottle (355mL)
Amount Per Serving
Calories 210

	% Daily Value*
Total Fat 7g	9%
Saturated Fat 1g	5%
Trans Fat 0g	
Polyunsaturated Fat 3.5g	
Monounsaturated Fat 1.5g	
Cholesterol 0mg	0%
Sodium 50mg	2%
Total Carb. 30g	11%
Dietary Fiber 3g	11%
Total Sugars 7g	
Incl. 5g Added Sugars	10%
Protein 6g	
Vitamin D 0mcg 0% • Calcium 45mg 4%	
Iron 6mg 35% • Potassium 496mg 10%	

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

CACAO OAT LATTE

INGREDIENTS:
Oatmilk (Water, Oats), Flash-Brew Coffee (Water, Arabica Coffee), Hemp Cream (Water, Hemp Seeds), Cane Sugar, Cacao Powder, Natural Flavors.

CARTON
0 18944 00112 0

CASE - 12 CARTONS
10018944001127

GRAPHICS SUBJECT TO CHANGE

Nutrition Facts
Serving size 1 Bottle (355mL)
Amount Per Serving
Calories 190

	% Daily Value*
Total Fat 6g	8%
Saturated Fat 1g	5%
Trans Fat 0g	
Polyunsaturated Fat 3.5g	
Monounsaturated Fat 1.5g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carb. 28g	10%
Dietary Fiber 3g	11%
Total Sugars 7g	
Incl. 5g Added Sugars	10%
Protein 4g	
Vitamin D 0mcg 0% • Calcium 32mg 2%	
Iron 2mg 10% • Potassium 208mg 4%	

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

GOLDEN-MILK OAT LATTE

INGREDIENTS:
Oatmilk (Water, Oats), Hemp Cream (Water, Hemp Seeds), Cane Sugar, Tea Extract, Turmeric Extract, Natural Flavors, Caffeine (from Tea).

CARTON
0 18944 00113 7

CASE - 12 CARTONS
10018944001134

COMPARE OAT LATTES

2X THE PROTEIN OF OTHER OAT LATTES IN THE MARKET

	ELMHURST® FLASH BREW OAT LATTE	CALIFIA OAT NITRO (XX ESPRESSO)	LA COLUMBE OATMILK DRAFT LATTE	RISE OATMILK LATTE	POP + BOTTLE® ALMONDMILK LATTE	STARBUCKS® COLD BREW WITH CREAM
# INGREDIENTS	6	10	11	6	11	8
PROTEIN*	5g	1.7g	2.7g	1.7g	2.3g	5.5g
SUGAR*	7g	15.4g	12g	20.6g	10.3g	22.9g
SODIUM*	10mg	274mg	153mg	291mg	91mg	185mg
FIBER*	3g	0g	4g	0g	2.3g	0g
BASE	OAT	OAT	OAT	OAT	OAT	DAIRY
WHOLE GRAIN STAMP	✓					
GUMS	NONE	Acacia, Gellan Gum	Chickory Root, Acacia, Gellan Gum	NONE	NONE	NONE
ADDED OILS	NONE	Sunflower Oil	Canola Oil	Sunflower Oil	NONE	NONE

*ALL NUTRITION COMPARISONS BASED ON 12 FL OZ SERVING SIZE. †CONTAINS 650MG OMEGA-3 ALA PER BOTTLE, WHICH IS 40% OF THE 1.6G DAILY VALUE OF THIS GOOD FAT.

New Fashioned

SOFT SERVE

MADE WITH OATMILK

SAVE SPACE

SHELF STABLE CARTONS! NO NEED
TO REFRIGERATE UNTIL OPENING.

GREAT TASTING

MADE WITH THE FINEST QUALITY OATMILK.
COMPLETELY PLANT-BASED & DAIRY-FREE!

EASY TO MAKE

SIMPLY POUR INTO ANY MACHINE!
NO PRE-MIXING REQUIRED.

TOP PERFORMANCE

PROVEN TO PERFORM IN ALL MACHINE TYPES
FOR CONSISTENTY CREAMY TEXTURE.

CARTON 0 18944 00114 4

CASE 10018944001141

CARTON 0 18944 00119 9

CASE 10018944001196

Nutrition Facts

servings per container
Serving size 2/3 Cup (105g)

Amount per serving
Calories 220

	% Daily Value*
Total Fat 14g	**18%**
Saturated Fat 3.5g	**18%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 150mg	7%
Total Carbohydrate 20g	7%
Dietary Fiber 0g	**0%**
Total Sugars 13g	
Includes 13g Added Sugars	**26%**
Protein 2g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0mg	0%
Potassium 26mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

VANILLA: Oatmilk (Filtered Water, Whole Grain Oats), Chickpea Milk (Filtered Water, Chickpea), Cane Sugar, Canola Oil, Coconut Oil, Natural Flavors, Sunflower Lecithin, Himalayan Pink Salt.

COMING SOON

CARTON 0 18944 00115 1

CASE 10018944001158

COMING SOON

CARTON 0 18944 00120 5

CASE 10018944001202

Nutrition Facts

servings per container
Serving size 2/3 Cup (105g)

Amount per serving
Calories 210

	% Daily Value*
Total Fat 13g	**17%**
Saturated Fat 2.5g	**13%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 150mg	7%
Total Carbohydrate 21g	**8%**
Dietary Fiber 0g	**0%**
Total Sugars 13g	
Includes 13g Added Sugars	**26%**
Protein 2g	
Vitamin D 0mcg	0%
Calcium 11mg	0%
Iron 1mg	6%
Potassium 55mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

CHOCOLATE: Oatmilk (Filtered Water, Whole Grain Oats), Chickpea Milk (Filtered Water, Chickpea), Cane Sugar, Canola Oil, Coconut Oil, Cocoa (Dutch Processed), Natural Flavors, Sunflower Lecithin, Himalayan Pink Salt.

Pantry Friendly!

SAVE SPACE IN YOUR FRIDGE & FREEZER!

SAVE TIME

Chill & Pour

NO PREMIXING REQUIRED!

100%
DAIRY FREE
SOFT SERVE DESSERT MIX

SHELF LIFE: 365 DAYS (1 YEAR) FROM DATE OF MANUFACTURING

64OZ - HALF GALLON SPECIFICATIONS

	UNIT WEIGHT	FLUID OUNCES	UNIT DIMENSIONS	CASE CUBE	# UNITS / CASE	# CASES / LAYER
CARTON	4.35 lbs. (net) 4.47 lbs. (gross)	64	4.49 x 2.91 x 9.41 in. (L x W x H)	0.53 ft^3	6	20
	CASE WEIGHT	**PALLET WEIGHT**	**CASE DIMENSIONS**	**PALLET DIMENSIONS**	**# LAYERS/ PALLET**	**# CASES / PALLET**
CARTON	25.0 lbs. (net) 27.4 lbs. (gross)	2,234.3 lbs.	9.75 x 9.5625 x 9.8125 in. (L x W x H)	48 x 40 x 43.8 in. (L x W x H)	4	80

32OZ - QUART SPECIFICATIONS

	UNIT WEIGHT	FLUID OUNCES	UNIT DIMENSIONS	CASE CUBE	# UNITS / CASE	# CASES / LAYER
CARTON	946 mL	32	2.65 x 2.65 x 9.6 in. (L x W x H)	0.3 ft^3	6	34
	CASE WEIGHT	**PALLET WEIGHT**	**CASE DIMENSIONS**	**PALLET DIMENSIONS**	**# LAYERS/ PALLET**	**# CASES / PALLET**
CARTON	12.7 lbs. (net) 13.5 lbs. (gross)	1,886 lbs.	9 x 5.75 x 10 in. (L x W x H)	48 x 40 x 45 in. (L x W x H)	4	136

16OZ - PINT SPECIFICATIONS

	UNIT WEIGHT	FLUID OUNCES	UNIT DIMENSIONS	CASE CUBE	# UNITS / CASE	# CASES / LAYER
CARTON	473 mL	16	2.65 x 2.65 x 5.62 in. (L x W x H)	0.19 ft^3	6	34
	CASE WEIGHT	**PALLET WEIGHT**	**CASE DIMENSIONS**	**PALLET DIMENSIONS**	**# LAYERS/ PALLET**	**# CASES / PALLET**
CARTON	6.6 lbs. (net) 7.1 lbs. (gross)	1,740 lbs.	8.75 x 5.75 x 6.375 in. (L x W x H)	48 x 40 x 49.7 in. (L x W x H)	7	238

12OZ - RTD BOTTLE SPECIFICATIONS

	UNIT WEIGHT	FLUID OUNCES	UNIT DIMENSIONS	CASE CUBE	# UNITS / CASE	# CASES / LAYER
BOTTLE	355mL	12	2.5 x 2.5 x 6.9175 in. (L x W x H)	0.34 ft^3	12	21
	CASE WEIGHT	**PALLET WEIGHT**	**CASE DIMENSIONS**	**PALLET DIMENSIONS**	**# LAYERS/ PALLET**	**# CASES / PALLET**
BOTTLE	10.75 lbs. (gross)	1,400 lbs.	15.5 x 5.3125 x 7.3125 in. (L x W x H)	48 x 40 x 49 in. (L x W x H)	6	126

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Or, to learn more about how Elmhurst® can elevate your offerings, contact a sales rep at sales@elmhurstmilked.com