

CHIA FRUIT SPREADS



MADE WITH CHIA SEEDS **INSTEAD OF PECTIN**

This is a fruit spread made with chia seeds instead of pectin. So, instead of putting industrially made pectin into your body, you put healthy and natural chia seeds, full of omega 3, fiber and protein.

- MADE IN USA
- ALL NATURAL
- **HEALTHY INDULGENCE** FRUITY TASTE
- AMAZING BUTTERY TEXTURE
- FREE FROM ADDITIVES, PRESERVATIVES, ARTIFICIAL OR SYNTHETIC INGREDIENTS
- NO ADDED PECTIN OR ACIDS
- GLUTEN FREE & VEGAN
- GOOD SOURCE OF OMEGA 3 ALA
- · LOW IN SUGAR
- · CLEAN LABEL (FRUIT, CANE SUGAR OR ORGANIC AGAVE, CHIA SEEDS, LIME JUICE)
- · W KOSHER
- BAKE STABLE















Low calories, low sugars, low glycemic. Sweetened with organic agave.







Raspberry

Blackberry









Higher in fruit and chia from standard. Intense flavor. Buttery texture. Best value













Raspberry



idecs:

With plain yogurt For a quick simple, clean and delicious treat



See more recipes at worldofchia.com



Give the pancake a better attitude

()atmeal

Best match for a healthy meal



BAKED BRIE

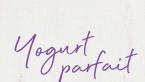
Topped with **Blackberry Chia Fruit Spread**

INGREDIENTS

- 1 piece of Brie cheese
- 1/3 cup Blackberry World of Chia Fruit Spread
- 1 tablespoon blackberries
- 1 tablespoon blueberries

INSTRUCTIONS

- 1. Preheat oven to 375°F. Place parchment paper or a silicone mat on a baking sheet. Place the Brie on the prepared baking sheet. Bake for 7-10 minutes, or microwave for about 45 seconds until it starts oozing but not melting.
- 2. Top warm Brie with Blackberry World of Chia Fruit Spread and garnish with blackberries and blueberries.



A healthier option for a yogurt parfait



Pure unguilty indulgence



As part of a healthy breakfast



Who said PB&J could not be good for you?